

# Pycnogenol®

Introduced 1995



## What Is It?

Pycnogenol® is a pine bark extract rich in proanthocyanidins and antioxidant properties. While “Pycnogenol” originally denoted all proanthocyanidin extracts, regardless of source, it now refers specifically to maritime pine bark extract.\*

## Uses For Pycnogenol®

**Vascular Support:** The mixture of proanthocyanidins in pine bark supports vascular endothelial integrity by stabilizing collagenous membranes. They also promote vascular function by modulating nitric oxide levels. In addition to facilitating vitamin C regeneration and preserving vitamin E, pycnogenol is a potent hydroxyl and superoxide radical scavenger. Collectively, these actions promote the health of blood vessels.\*

## What Is The Source?

Pycnogenol® extract is derived from maritime pine bark and contains a minimum of 65–75% proanthocyanidins by weight. Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil. Hypo-allergenic plant fiber is derived from pine cellulose.



Pycnogenol® is a registered trademark of Horphag Research Ltd. U.S. Patents 4,698,360 5,720,956 and 6,372,266.

## Recommendations

Pure Encapsulations recommends:

- Pycnogenol® 50 mg: 1-3 capsules per day, in divided doses, between meals.
- Pycnogenol® 100 mg: 1-2 capsules per day, in divided doses, between meals.

## Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

## Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

Pycnogenol® 100 mg.

each vegetable capsule contains  v 3

Pycnogenol (pine bark extract).....	100 mg
ascorbyl palmitate (fat-soluble vitamin C).....	4 mg
(hypo-allergenic plant fiber added to complete capsule volume requirement)	

**1–2 capsules per day, in divided doses, between meals**

Pycnogenol® 50 mg.

each vegetable capsule contains  v 3

Pycnogenol (pine bark extract).....	50 mg
ascorbyl palmitate (fat-soluble vitamin C).....	2 mg
(hypo-allergenic plant fiber added to complete capsule volume requirement)	

**1–3 capsules per day, in divided doses, between meals.**

‡These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.