



# Lutein/ Zeaxanthin

Introduced 2008



## What Is It?

This formula provides a high-strength carotenoid blend of lutein and zeaxanthin to specifically support the macula and overall visual function.\*

## Uses For Lutein/Zeaxanthin

**Ocular Health:** Lutein and zeaxanthin are the two major carotenoid pigments stored in the macula, the central part of the retina. They are believed to promote the integrity and density of the macular pigment through antioxidant properties. In addition, they help form a protective layer that filters light, maintaining healthy photoreceptor function in the macula. Increased intake of these carotenoids is associated with increased macular concentration.

Numerous double blind, placebo-controlled trials indicate that lutein and zeaxanthin support the health of the optical lens as well as the retina. Additionally, recent research has revealed that the combination may target different areas in the retina to enhance total retinal health, photoreceptor health, and color vision.\*

## What Is The Source?

Lutein is sourced from FloraGLO® brand, which is derived from marigold flower extract.

†† **FloraGLO** LUTEIN is a registered trademark of Kemin Industries, Inc.

† Zeaxanthin is sourced from OPTISHARP™ brand. OPTISHARP™ is a trademark of DSM Nutritional Products, Inc.

## Recommendations

Pure Encapsulations recommends 1 capsule daily, with a meal.

## Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

## Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

### Lutein/Zeaxanthin

each vegetable capsule contains  v 1

lutein††	.....	10 mg.
zeaxanthin†	.....	2 mg.
other ingredients: red beet, hypo-allergenic plant fiber		

**Take 1 capsule per day, with a meal.**

‡These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.