Ligament Restore

Introduced 2006

Ligament, Tendon and Joint Health: Glucosamine is required for the synthesis of proteoglycans, the molecules responsible for providing tendons, ligaments and cartilage their resiliency and strength. It also helps protect cartilage from the effects of mechanical stress. Sulfate, another component of proteoglycans, works synergistically with glucosamine to enhance cartilage repair and regeneration. BioCell Collagen® provides hydrolyzed and denatured low molecular weight collagen. Additionally, it provides a naturally occurring blend of hyaluronic acid (HA), chondroitin sulfate, glucosamine sulfate and amino acids to promote cartilage synthesis and joint integrity. A double blind placebo-controlled study involving 16 individuals supplementing with BioCell Collagen® for 8 weeks indicated statistically significant support for joint function and comfort. To further encourage collagen formation, this formula is enhanced with l-lysine and l-proline. These amino acids are hydroxylated to form hydroxyproline and hydroxylysine, a reaction involving vitamin C, forming the "glue" that holds collagen together. In the body, silica is found primarily in connective tissue and plays a role in collagen tissue formation. Devil's claw and curcumin are included to support joint flexibility, function and comfort, in part by maintaining healthy eicosanoid metabolism.*

What Is The Source?

Glucosamine sulfate is derived from crab and shrimp. Hydrolyzed collagen complex is derived from chicken sternal cartilage and typically provides 60% hydrolyzed collagen, 20% chondroitin sulfate and 10% hyaluronic acid. l-proline and l-lysine are derived from fermenation. Ascorbic acid is derived from corn dextrose fermentation. Silica is from bamboo extract which is derived from the stem of the botanical *bambusa vulgaris Curcumin turmeric is erive rom Curcuma longa an stan ar i e to contain curcuminoi s evil s cla is erive rom Harpagophytum procumbens an stan ar i e to contain harpagosi es itamin C ascorbyl palmitate is erive rom corn e trose ermentation an palm oil Hypo allergenic plant iber is erive rom pine cellulose*

† BioCell Collagen is a registered trademark of BioCell Technology LLC, Anaheim, California, USA. U.S. Patents 6,025,327; 6,323,319; 6,780,841 and other U.S. and foreign patents pending.

Glucosamine can interfere with certain blood thinning medications. Consult your physician for more information.

(continued)

‡These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Ligament Restore

four vegetable capsules contain	00
glucosamine sulfate (crab, shrimp)	1,500 mg
hydrolyzed collagen complex (chicken sternal cartilage)	400 mg
providing (typical):	
hydrolyzed collagen 60%	240 mg
l-proline (free-form)	500 mg
l-lysine HCl	500 mg
ascorbic acid	200 mg
silica (from Bambusa vulgaris (bamboo) extract (stem))	15 mg
devil's claw (Harpagophytum procumbens) extract (root)	100 mg
(standardized to contain 5% harpagosides)	(5 mg)
turmeric (Curcuma longa) extract	100 mg
(standardized to contain 95% curcuminoids)	(95 mg)
ascorbyl palmitate (fat-soluble vitamin C)	40 mg

4 capsules per day, in divided doses, with 8–10 oz water, with meals.

Refrigerate after opening.

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