

Junior Nutrients

Introduced September 2010



What Is It?

Junior Nutrients is designed for children and teens ages 4 and up. It is a complete hypo-allergenic, nutrient rich, highly bioavailable multi-vitamin, multi-mineral and trace element supplement. The formula combines superior mineral cofactors, activated vitamins and antioxidants to support overall health. It is provided in small capsules for easy swallowing.*

Indications

- ✓ Children aged 4 and up

Vitamin Distinctions:

- ✓ Comprehensive, hypo-allergenic, vegetarian formula
- ✓ Activated vitamins and superior mineral chelates for optimal absorption
- ✓ Provides Metafolin® L-5-methyltetrahydrofolate (L-5-MTHF), the naturally occurring, universally metabolized form of folate

Special Features:

- ✓ Vitamin A and mixed carotenoids, providing beta carotene, lycopene, lutein and zeaxanthin for antioxidant protection*
- ✓ Helps maintain macular and retinal health with 3 mg lutein and 500 mcg zeaxanthin*
- ✓ Small capsules for easy swallowing

What Is The Source?

The nutrients found in Junior Nutrients are derived from the following:

- Mixed carotenoids: *Blakeslea trispora*
- Lycopene: natural tomato concentrate
- Lutein^{††}: marigold flower extract
- Zeaxanthin[†]: synthetic
- Vitamin C: corn dextrose fermentation
- Vitamin D₃: cholesterol from wool fat (lanolin)
- Vitamin E: highly purified soybean oil
- Vitamin K₁: synthetic
- Vitamin B₁ (thiamine HCl): synthetic
- Vitamin B₂ (riboflavin): corn dextrose fermentation
- Niacinamide: synthetic
- Vitamin B₅ (calcium pantothenate): synthetic
- Vitamin B₆ (pyridoxal HCl): synthetic
- Vitamin B₁₂ (methylcobalamin): corn dextrose fermentation
- Folate (Metafolin®, L-5-MTHF): synthetic
- Biotin: synthetic
- Minerals: naturally derived from earthen ore
- Sources of the mineral chelates include:
 - Citrate: corn dextrose fermentation
 - Glycinate: synthetic

There is no detectable GMO material in this product.

^{††}**FloraGLO**[®] is a registered trademark of Kemin Industries, Inc.

[†]Zeaxanthin is sourced from OPTISHARP™ brand. OPTISHARP™ is a trademark of DSM Nutritional Products, Inc.

Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

DimaCal® is a registered trademark of Albion Laboratories, Inc. Malates covered by U.S. Patent 6,706,904 and patents pending.

TRAACS is a registered trademark of Albion Laboratories, Inc.

(continued)

[‡]These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

Recommendations

Pure Encapsulations recommends:

- Ages 4 to 13, take 2 capsules per day, with a meal.
- Ages 14 and up, take 4 capsules per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. At this time, there are no known side effects or precautions. Consult your physician for more information.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications. Consult your physician for more information.

Junior Nutrients

four vegetable capsules contain



vitamin A (25% as vitamin A acetate, 75% mixed carotenoids) ...	5,000 i.u.
(providing beta carotene, lycopene, lutein and zeaxanthin)	
ascorbic acid.....	275 mg
ascorbyl palmitate (fat-soluble vitamin C).....	20 mg
calcium (as DimaCal® di-calcium malate).....	85 mg
vitamin D ₃	800 i.u.
d-alpha tocopherol succinate (vitamin E).....	70 i.u.
vitamin K ₁	90 mcg
thiamine HCl (B ₁).....	3 mg
riboflavin (B ₂).....	1.7 mg
riboflavin 5' phosphate (activated B ₂).....	1.7 mg
niacinamide.....	20 mg
pyridoxine HCl (B ₆).....	2.5 mg
pyridoxal 5' phosphate (activated B ₆).....	2.5 mg
folate (as Metafolin®, L-5-MTHF).....	400 mcg
methylcobalamin (B ₁₂).....	200 mcg
biotin.....	300 mcg
pantothenic acid (calcium pantothenate) (B ₅).....	10 mg
iodine (potassium iodide).....	150 mcg
magnesium (as di-magnesium malate).....	85 mg
zinc (citrate).....	15 mg
selenium (selenomethionine).....	70 mcg
manganese (citrate).....	2 mg
chromium (polynicotinate).....	120 mcg
molybdenum (as TRAACS® molybdenum glycinate chelate).....	75 mcg
choline (bitartrate).....	50 mg
inositol.....	50 mg
MacularSynergy Complex	
lutein.....	3 mg
zeaxanthin.....	500 mcg

Consult a physician for children under the age of 4.

Ages 4 to 13, take 2 capsules per day, with a meal.

Ages 14 and up, take 4 capsules per day, with meals.

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