



Curcumin C3 Complex

Introduced FJJI

What is Curcumin?

Curcumin is a natural polyphenolic compound found in the rhizomes of the turmeric plant (*Curcuma longa*). It is a powerful antioxidant and has been shown to have anti-inflammatory, anti-cancer, and neuroprotective properties. Curcumin is also known to support joint health, liver health, and cellular health.

Why take Curcumin?

Curcumin has been shown to have a wide range of health benefits. It can help reduce inflammation, which is a key factor in many chronic diseases. It can also help improve brain function, support joint health, and protect against oxidative stress. Curcumin is also known to support liver health and cellular health.

Curcumin C3 Complex has been the subject of scientific investigations at a number of hospitals and universities. Most recently, it has demonstrated the potential to maintain healthy tissue in the brain by supporting macrophage activity and has been associated with powerful support for cellular health in separate trials.*

What Is The Source?

Turmeric extract† is derived from the root of *Curcuma longa* and standardized to contain 95% curcuminoids.

†Curcumin C3 Complex® is a registered trademark and patented product of Sabinsa Corporation.

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*These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.