



# CurcumaSorb

Introduced 2011



## What Is It?

CurcumaSorb provides the patented curcumin-phosphatidylcholine complex Meriva® for enhanced absorption and bioavailability. The proprietary phytosome technology combines curcumin and phosphatidylcholine at a 1:2 ratio promoting resistance to degradation in the digestive tract and efficient absorption across membranes. This produces significantly higher peak plasma concentrations and larger area under concentration-time curves (AUC). In a single-dose pharmacokinetic animal study, plasma curcumin levels were 20-fold greater with Meriva® than standard curcumin. A preliminary human pharmacokinetic study demonstrated elevations in plasma curcumin from 450 mg Meriva® were similar to values obtained from 4,000 mg of a standard curcumin extract.\*

## Uses For CurcumaSorb

**Overall Health:** Curcumin has been the subject of over 3,000 studies over the past 30 years and has an extensive history of use. The remarkable breadth of applications of curcumin stem from its multifocal mechanisms involving diverse intracellular signaling pathways and the regulation of hundreds of genes involved in cytokine balance, detoxification and cellular health. Meriva® delivers a highly bioavailable curcumin phytosome, providing maximal support for musculoskeletal, digestive, liver, brain, cellular and cardiovascular health. The efficacy of a low dose was demonstrated in a 3-month clinical trial, in which 200 mg of curcuminoids from Meriva® per day maintained healthy C-reactive protein levels and provided significant benefit in joint comfort, mobility and quality of life.\*

## What Is The Source?

Turmeric extract is derived from *Curcuma longa* root and standardized to contain 18% curcuminoids. Phospholipids are derived from non-GMO soy. Hypoallergenic plant fiber is derived from pine cellulose.

## Recommendations

Pure Encapsulations® recommends 2–6 capsules daily, in divided doses, between meals.

## Are There Any Potential Side Effects Or Precautions?

If pregnant or lactating, consult your physician before taking this product. Turmeric can cause nausea or diarrhea in some individuals. It is not recommended for individuals with biliary obstruction. Consult your physician for more information.

## Are There Any Potential Drug Interactions?

Turmeric may be contraindicated with blood thinning medications. Consult your physician for more information.

## CurcumaSorb

each vegetarian capsule contains		v	00
Meriva® turmeric phytosome	.....	250 mg	
(Curcuma longa extract (root) and phospholipid complex)			
(standardized to contain 18% curcuminoids)			
other ingredients: hypoallergenic plant fiber (cellulose), vegetarian capsule (cellulose, water)			
<b>Contains soy</b>			
2–6 capsules daily, in divided doses, between meals.			

**MERIVA®** is a registered trademark of Indena S.p.A.

**PHYTOSOME**  **Phytosome More Bioavailable** is a trademark of Indena S.p.A.

‡These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.