

Caprylic Acid

Introduced 2008



What Is It?

Caprylic acid, also known as octanoic acid, is a naturally occurring fatty acid that provides support for healthy candida balance.*

Uses For Caprylic Acid

Microflora Balance: Caprylic acid promotes a favorable environment for beneficial microflora, helping to maintain a healthy candida balance. Due to its fat solubility, it is believed to penetrate intestinal mucosal cells to exert its effects. In this formula, calcium and magnesium caprylates act as buffers and may also help slow the dispersion of caprylic acid to support its activity throughout the gastrointestinal tract.*

What Is The Source?

Caprylic acid is derived from palm oil. Calcium and magnesium are derived from the lime of rock.

Recommendations

Pure Encapsulations recommends 1-2 capsules 30 minutes before each meal, or as directed by a health professional.


Are There Any Potential Side Effects Or Precautions?

Caprylic acid has been associated with GI upset, bloating or diarrhea. Caprylic acid is not recommended for individuals prone to developing kidney stones. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

Caprylic acid may be contra-indicated with NSAID's (non-steroidal anti-inflammatory drugs) and certain blood thinning medications. Consult your physician for more information.

Caprylic Acid

each vegetable capsule contains 	
calcium (caprylate)	30 mg
magnesium (caprylate)	18 mg
caprylic acid	400 mg
1–2 capsules 30 minutes before each meal, or as directed by a health professional.	

‡These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.